



What would YOU do if you found a Genie in a bottle? by Dr. Michael Triglia

Don't you love those days! "What days" you ask? Well, let me set the stage for you.

Close your eyes and take a deep breath in through your nose, and out through your mouth. Continue this a few times until you can clear all thoughts from your head. Now I want you to imagine you are just waking up from one of the most restful nights you have ever had. The sun is shining through your window with just a hint of warmth on your face.

Next, when you open your closet, you find that someone put \$5,000.00 worth of new clothes in your closet - *at no cost to you!* You put on one of these tailor-fit new outfits and march over to your computer. You check your work day and your boss sent an email stating that you are to take the rest of the day off and enjoy it. And oh, yes, by the way, "Check your online bank statement because I also gave you a \$5,000.00 bonus!" Enjoy!!!

What an incredible day. And you wonder how much better it can get. You may wonder what else you should do on such a magnificent day. Maybe you say, "I've got it! I will take a walk on the beach." So off you go.



You get to the beach, put your feet in the sand and breathe in that fresh sea air. Your senses detect all the warmth, sights and sounds around you, and you feel absolutely awesome. You wonder if it can get any better! You take a walk along the shoreline for about a mile, thinking mostly nothing.

Then suddenly, you feel your foot hit an object. You look down and brush some sand aside, and you see a lamp. You pick it up and it has a small inscription on the side that says, "Rub this lamp and a Genie will appear. He will grant you ONE wish - and only one wish - that must be just for you on this earth." You look on the other side and it says, "Take your time and think through this process. Do NOT rub unless you are sure." So you think and think of what that one thing could be on this earth that you could use.

The question is, what would YOU wish for?

Wow, what a great position to be in. But let's get back to reality for a moment...

Hi. Dr. Michael Triglia here and I have been in private practice for over 25 years. I bet once a month, on average, I hear someone say, 'If I could win the lottery, here is what I would buy.'

The interesting part is those who are pondering this question, and whose health is fairly good, say, 'I'd like a flashy car, a big house, a resort getaway, or tons of cash'.

Those, however, who are NOT feeling very well, or worse yet have a life-threatening disease, have a far greater purpose for their life. Whether they are flat broke or one of the top money earners in the country (I have been blessed to treat people in both categories) they all give the same answer. They don't ask for any of the material items above. They say, 'No matter what it costs, can you fix me'?

Perspective is a funny thing. The first group of people I listed had no idea their health could fail because at the time they 'felt' great. Now don't get me wrong. There is certainly nothing wrong with asking for any of those things on the first list. Hopefully, though, you know none of those things are going to mean very much if you are laid up in bed for months (or years) with a debilitating disease that could last the rest of your life; worse yet, a disease that might have been prevented beforehand by making different choices.

In the most recent newsletter I received from the International Chiropractor's Association (ICA), it states that our biggest challenge in healthcare is competing in the Wellness market and to best articulate the following: 1) Doing a better job of explaining the benefits of stopping free radical damage; 2) Doing a better job explaining and helping to fix long-term chronic and systemic inflammation.

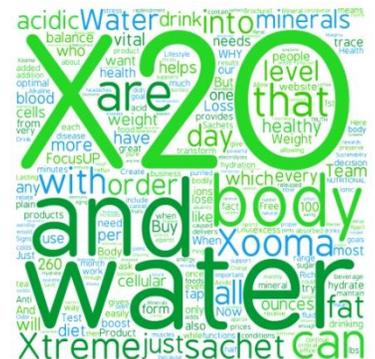
The amazing thing is, do you realize what that is saying? *We, at Xooma, are holding the Genie!*

As I have been saying for over nine years since I discovered Xooma - and Xooma has been saying since its inception - we have the answer to help the world look better, feel better and live longer. Which is truly *Changing the Health of a Generation!*

Based on these two biggest healthcare challenges, according to the ICA, let's take a quick look at some of our products which can help the above situations.

X2O™

- Hydration at the cellular level through making the water 'wetter' by lowering the surface tension of the water molecules.
- A higher pH than any popular drink in the marketplace - which are mostly acidic - and that helps to balance acidic foods, toxins and environments.
- Over 70 naturally-occurring trace minerals, the brain food of the human body and bone system, and essential for peak performance.
- Strong ORP performance (Oxidation Reduction Potential) which creates a super antioxidant beverage and fights against free radical damage.



At Xooma, we are even more fortunate to have several other products, in addition to X2O, that have created positive effects with Members around the world. These products have ingredients which science has shown fight against the damaging effects of free radicals and reduce chronic and systemic inflammation...while positively impacting health in other ways.

Life Source™ is our premium quality multi-vitamin™ and multi-mineral formula that contains specialized nutrients that are proven to positively impact biological aging systems (brain health, eye health, cellular integrity and blood sugar chemistry).

Berry Balance™ is a powerful and unique multi-berry extract with several patented and trademarked ingredient complexes. Studies have shown that berries, rich in anthocyanins, possess many biological functions that deliver potent health benefits, including antioxidant activity, cardiovascular protection, blood sugar support, enhanced brain function and mental clarity, anti-aging properties, urinary tract health, healthy vision and skin care.

KardiaXyme™ is a unique blend of hand-selected varieties of algae and an exclusive source of marine minerals. This superior, one-of-a-kind algae supplement contains potent and highly bioactive polyphenols that optimize cellular, cardiovascular and metabolic health to support lifelong physical and mental wellness.

SilverMAX™ is a powerful solution that boosts your immune system on a regular basis or just on an as-needed basis. Pure and safe, it utilizes Pure Silver Hydrosol™ technology which has been scientifically proven to deliver noticeable results.

Natural Collection™ is a uniquely formulated wellness compound that contains vitamin, herbal and mineral ingredients to support energetic cellular rejuvenation. This breakthrough supplement is designed to boost immune response and support the healing process of damaged cells.

Omega 3/75™ is a unique and powerful combination of pure fish oils. It contains a trademarked blend of potent EFA's (Essential Fatty Acids) to help you maintain a healthy cardiovascular system, and also helps maintain the health of your body's natural immune and defense system.

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So how about that! Without having to go to school to become a doctor like I did, you are now equipped to support your body and prevent two of today's top health problems in the Wellness world, *according to the ICA.*

And if that isn't enough, you did it WITHOUT the Genie in the Bottle! With that being said, I don't think any of the corporate team at Xooma will let you rub their tummy to see if your wish will come true. And since you already know that Xooma's products are formulated to the highest standards and that they really work, you can ask that Genie for whatever else your heart desires - knowing your health is in great shape.

Remember...instead of looking for a Genie in a bottle to grant you your dream of financial freedom, you can fulfill that same wish through Xooma's Prosperity Plan by simply growing your own Xooma business.

Till next time, Yours in health and wellness,
Dr. Michael A. Triglia (Dr. T)
A.A.S., B.S., D.C.



Dr. Triglia has been in private practice for over 25 years. As an entrepreneur he knows the value of diversification. As a Doctor of Chiropractic for over 25 years he has also been involved for that long or longer in the health and wellness and motivation industry. As a Christian he attempts to look at all areas of life through the lens of the word of God. Dr. "T" states that is the most important center piece of his life that keeps him highly motivated to do his very best daily.

Dr. Triglia is President/Founder/CEO of Peninsula Chiropractic Center, ISOROBIC Life Improvement Center, Fitness Motivation Institute of America, Bushin Kai Martial Arts Academy, where he holds a sixth degree black belt as well as black belts in four other martial arts.

About seven years ago he had a friend who asked him to accompany him to Hampton, Virginia to take a close look at XOOMA Worldwide. After hearing people like Ron Howell, Ken Marsh, Zack Howell, and Erick Stinger, he said, "I realized I may be a Doctor but knew I had more to learn about water, ph, and the power of healing!" Xooma's mission was so appealing that he decided to join the team and is very happy he did. Xooma's many multifaceted products have been a part of his and his patient's daily life ever since.