



July 2026

The PULSE!

150 Research Drive, Hampton, VA 23666 1-888-865-6687 www.xooma.com cs@xooma.com



CHRISTMAS IN JULY IS HERE!

Who says you have to wait until December to receive a Christmas gift?

This month, we're bringing a little holiday excitement to the middle of summer with our **Christmas in July** promotion!

Throughout the month, every qualifying Xooma Member order will automatically receive a **FREE Mystery Xooma Product** with a guaranteed retail value of \$35-\$40!



Here's how easy it is:

- ✓ Simply place a single order totaling **at least \$99** before tax and shipping.
- ✓ That's it! We'll automatically include your **FREE Mystery Product** in your shipment.

Even better...this special offer also applies to **qualifying Autoship orders** of \$99 or more (before tax and shipping). It's our way of thanking our loyal Members for making their health a priority each month.

Whether you're stocking up on your favorites like X2O, FocusUP, Xiome365, MetaboWize, Equalah, or trying something new, now is the perfect time to place a larger order and enjoy an extra surprise on us.

The best part? You won't know which product you're receiving until you open the box! It could become your next favorite Xooma product—or one you've been wanting to try.

Don't miss this limited-time opportunity to receive more wellness...for FREE!

Fill your cart. Reach \$99. Enjoy your mystery gift



Don't Just Drink Water...

Hydrate Smarter

This Summer



Summer is here, and that means more sunshine, more outdoor activities ...and a greater risk of dehydration. By the time you actually feel thirsty, dehydration may have already begun.

Even mild dehydration can affect nearly every system in your body, leading to:

- | | |
|------------------------|---|
| Fatigue and low energy | Poor mental focus |
| Headaches | Reduced physical performance |
| Muscle cramps | Increased stress on the heart and kidneys |

The solution isn't simply drinking **more** water—it's helping your body **absorb and utilize** that water more effectively.

That's exactly why thousands of people choose X2O every day.

When added to water, X2O helps support **deep cellular hydration** by providing a full spectrum of naturally occurring trace minerals and electrolytes that work together to improve water absorption and utilization throughout the body.

X2O also delivers a powerful boost of alkalinity to help your body maintain a healthier acid-base balance. This can be especially beneficial after exercise or strenuous activity.

Whether your goal is to have more energy, recover faster from physical activity, stay mentally sharp, or simply feel your best this summer, proper hydration is one of the smartest investments you can make in your health.

WHY X2O?

- Deep cellular hydration
- Replenish essential minerals
- Electrolytes
- Healthy alkalinity support



**Make every bottle of water count.
Add X2O.**





Members across the globe LOVE Xooma Blast. Not only do the flavors taste fantastic, but the formula ingredients also make it a powerful, extremely healthy, guilt-free beverage.

Here are 6 fun ways to enjoy Blast!



Blast slushie: Grab a blender, add 12-18 ounces of water, ice and a packet of Blast. Blend until ice reaches slushie consistency and enjoy.



Blast cubes: Plain ice cubes are boring. Mix up a bottle of Blast with some purified water, pour into molds, freeze overnight and enjoy a small 'blast' of flavor in your next bottle of X2O.



Blast popsicles: Purchase a popsicle mold. Mix Blast in your desired amount of water, pour into molds, freeze overnight and enjoy the best tasting, healthiest popsicles you've ever had.



Blast 'Jello': Instead of the typical gelatin treat filled with sugar, artificial colors and flavors, add Blast to water and plain, unflavored gelatin, mix and refrigerate until set. Enjoy!



Blast-Enhanced Smoothies: Add a portion (or all) of the powder from a Blast stick to your favorite fruit, protein or green smoothie for a flavorful twist and extra health benefits.



Blast tea: Iced tea is a popular beverage in the summertime. Instead of sugar or artificial sweetener, try adding Blast powder to your iced tea for fun flavor and the perfect touch of natural sweetness.

No matter how you enjoy it, Xooma Blast is a refreshing, flavorful and healthy way to give your body what it craves this summer. And, at **just \$1.93 per serving**, it's an affordable and much smarter way to satisfy your taste buds all season long.



Order today:



Item #6537
Strawberry Dragonfruit
Lemonade



Item #6538
Grape Xcape

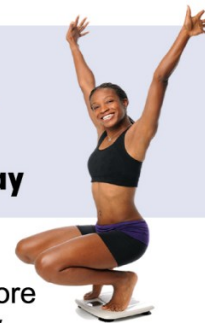


Item #6541
Limeonade

NO ARTIFICIAL sweeteners, flavors, colors or preservatives.
Healthy Never Tasted This Good!

FIGHT CHRONIC DISEASE by FIGHTING EXCESS BODY FAT

July 10 is Chronic Disease Awareness Day



Today, obesity is recognized as a **chronic disease** because excess body fat is much more than stored energy. Fat tissue is metabolically active and can produce inflammatory compounds that contribute to chronic, low-grade inflammation — raising your risk for heart disease, type 2 diabetes, high blood pressure, fatty liver disease, joint problems, and more.

This affects millions of people every year.

The encouraging news is that even modest, sustained weight loss can have meaningful health benefits. Reducing excess body fat may help support healthier blood sugar levels, improve cardiovascular health, reduce stress on the joints, and promote better overall metabolic function.

That's why thousands of people have turned to Xooma's
MetaboWize Weight Management System.

Unlike fad diets or stimulant-based weight-loss products, MetaboWize was developed to work with your body's natural metabolism. This science-backed system helps support healthy fat burning, appetite control, balanced energy, and long-term weight management — making it easier to achieve lasting results instead of temporary success.

Whether your goal is to improve your appearance, increase your energy, or lower your risk of chronic disease, taking control of your weight is one of the best investments you can make in your future health.

This Chronic Disease Awareness Day, don't just think about living longer — think about living healthier. Give your body the nutritional support it deserves with the proven MetaboWize System and take the first step toward a leaner, healthier future.

Healthy Weight=Healthier Life

- ☒ Supports healthy metabolism
- ☒ Helps control appetite
- ☒ Promotes fat burning
- ☒ Starting at only **\$3.67/day!**



Pack Shown Here:
Core Weightloss
Item #5156



Scan QR code to learn
more about the
MetaboWize System

*The statements in this publication have not been evaluated by the Food and Drug Administration, and are not intended to diagnose, treat, cure or prevent any disease.