

It's Christmas, What's in YOUR stocking?

By Dr. Michael Triglia ("Dr. T")



Ho Ho Ho! It's that time of year again, with several holidays clumped together it's commonly known as the "Holiday Season." While this month centers around Thanksgiving, Christmas is already in the air – and on display in most stores!

For gifts this December, I know some of you may be looking forward to receiving more boring ties as well as getting matching 'colorful' sweaters that you and your spouse can wear together. However, you might be asking yourself if there is a better gift you could receive or give.

It is amazing that we all like "The Shiny Gifts." But let's be real: what good is anything else without your health?

I have been involved in the health and wellness industry for over 30 years. I have been blessed to work with some really great people, some very wealthy and some extremely poor. What is interesting is when their physical health turns from dis-ease to disease, they all say the same thing to me: "No matter what it costs, get me well!"

So, what are some great gift ideas? As you know, this time of year most people are gearing up for next year, including their physical health and well-being. WHAT? Oh yes, don't even think about helping people get fit right now. This time of year they are gearing up for the holidays. That is why I believe the three biggest days of exercise during the year are January 2nd, 3rd and 4th! I hear people saying, "All the cool stuff I get for Christmas I cannot use until January 2nd." Heaven forbid we get too fit too soon!

All that being the case, what would you get someone for this time of year? How about a revolutionary idea of combining **Xooma** with **The Twelve Days of Christmas**?



Introducing The Twelve Days of Xooma Christmas!

On the **FIRST** Day of Christmas my True Love gave to me – or me to her or anyone else – our **Xooma Water Bottle!** This exclusive bottle is made from a unique BPA and BPS-free resin which is certified for safety. It's also a great conversation starter, when someone asks "What's that in your green bottle?" It can help you grow your business!





On the **SECOND** Day of Christmas my True Love gave to me – our **X2O™ Power Packs!** I often refer to X2O sachets as X2O Power Packs, including on the Health Education conference calls. I promote drinking half your body weight in ounces of water per day. You should drink the most powerful water on the planet – created by just adding an X2O sachet to your water. When you place it in purified water, this little sachet can raise the pH to almost a “10” on the pH scale. Remember Dr. Arthur Guyton’s quote, “The cells of a healthy body are alkaline while the cells of a diseased body are acidic.”

On the **THIRD** Day of Christmas my True Love gave to me – a **FocusUP®** drink stick and a sample pack of capsules. I got all my Christmas lists completed and most of my shopping done after that! It gave me the energy and focus I needed to navigate my entire day, from work to my “To Do Lists” to shopping. I was focused, happy, and felt a great sense of accomplishment on the Third Day of Christmas!



On the **FOURTH** Day of Christmas my True Love gave to me – **LifeSource™**, a premium quality multi-vitamin / multi-mineral formula. You wouldn’t need this if you could get all the nutrients you need from your daily foods. I, of course, do not believe that can happen. LifeSource has a full array of vitamins and minerals and includes a longevity formula. Do you get nine to twelve nutrient dense fruits and vegetables a day? Doubtful! That’s why LifeSource is foundational.

On the **FIFTH** Day of Christmas my True Love gave to me – **Omega 3/75™**. Xooma’s Omega formula contains the two principal fatty acids found in fish, DHA and EFA. Today’s research is showing that these nutrients provide a multitude of proven health benefits, including cardiovascular support.



On the **SIXTH** Day of Christmas my True Love gave to me – **Assimilator™**. It is amazing to me the number of people who are bothered with daily digestive problems and pay a fortune for expensive, often ‘non-working’ drugs when the answer is within reach. The ingredients in Xooma’s products can offer the ‘answer’ for many people. Try this powerful combination for just 30 days – X2O along with Assimilator! It is truly amazing what this base combination can do for digestive problems.

On the **SEVENTH** Day of Christmas my True Love gave to me – **Berry Balance™!** Berry Balance has some major antioxidant activity with over 12 fruit and berry extracts, offering cardiovascular protection and support in helping balance blood sugar, just to name a few great functions!





On the EIGHTH Day of Christmas my True Love gave to me – **SilverMAX™!** For the first sign of any sore throat or cold, be sure to start using liquid SilverMAX. Additionally, SilverMAX First Aid Gel is for external use and provides fast healing of minor cuts, scrapes, burns, bruises, skin infections and more.

On the NINTH Day of Christmas my True Love gave to me – **Nature’s Body Cleanse™!** After all those great holiday meals, you may need a little extra help with elimination. This product is great because it is gentle on the system yet works to effectively clear the colon.



On the TENTH Day of Christmas my True Love gave to me – **MetaboWize™ AM Formula.** The AM Formula helps promote a healthy metabolism and helps with fat reduction. It is the perfect addition to your weight loss program.

On the ELEVENTH Day of Christmas my True Love gave to me – **MetaboWize™ PM Formula.** The MetaboWize PM Formula helps control cortisol and contains nutrients that boost the “feel-good brain chemical” serotonin. The PM Formula is the perfect addition to your weight loss program and may help you sleep better at night.



On the TWELFTH Day of Christmas my True Love gave to me – **MetaboWize™ Protein Fiber Shake.** This Protein Fiber shake contains a specialized fiber blend with unsurpassed quality ingredients. Appealing to most everyone, it is available in Tropical Vanilla or Chocolate to help explode your weight loss in a healthy way.

And for an extra added bonus, you can share Xooma’s product catalog “Add Life to your Years” by getting the newly-released 2017 XOOMA Worldwide product catalog. Find great information on each of these products in The 12 Days of Christmas. You can also discover benefits of more Xooma products that weren’t mentioned in The 12 Days of Christmas – not because they’re not great, but because we ran out of days!



Hopefully this gives you some gift ideas before, during and after Christmas! Oh, you think all of this is too expensive? Think about this. If you bought the original **The 12 Days of Christmas** items, the most inexpensive number I can find is \$34,130.99! Wow, what a great savings with Xooma’s products!

Not only are Xooma’s products far less expensive than the actual 12 Days of Christmas, these products are able to produce much greater income. On top of that, you have the ability to help the world look better, feel better and live longer. And you’re supporting Xooma’s mission of **Changing the Health of a Generation!**



Give Xooma's "The Gift of Health" this holiday season

What better timing to introduce a brand new program Xooma created for this holiday season: "The Gift of Health" packs!

Get ready, because after a successful pilot program at the end of October, these holidays packs are launching again Monday, November 14th! There are three different "Gift of Health" packs you can choose from and have them mailed directly to family, friends and loved ones this holiday season. And for a limited time only, you will receive FREE shipping within the United States.

Introducing:

- The Gift of Health Single pack (\$100 plus tax)
- The Gift of Health Couples pack (\$200 plus tax)
- The Gift of Health Family pack (\$300 plus tax)

There are lots of perks to giving these packs as gifts this holiday season. Get all the details by visiting

www.xooma.com/giftofhealth. For additional help, you can also call one of Xooma's friendly Member Services Representatives Monday through Friday, 9am to 5pm, at 1-888-865-6687.

What a great way to introduce people you know, love and care about to X2O, FocusUP, Blast and Chocolate Fix.

Wishing you the best holiday ever: Happy Thanksgiving, Merry Christmas and Happy New Year!

Yours in health,

Dr. Michael A. Triglia ("Dr. T")



Dr. Triglia has been in private practice for over 25 years. As an entrepreneur he knows the value of diversification. As a Doctor of Chiropractic for over 25 years he has also been involved for that long or longer in the health and wellness and motivation industry. As a Christian he attempts to look at all areas of life through the lens of the word of God. Dr. "T" states that is the most important center piece of his life that keeps him highly motivated to do his very best daily.

Dr. Triglia is President/Founder/CEO of Peninsula Chiropractic Center, ISOROBIC Life Improvement Center, Fitness Motivation Institute of America, Bushin Kai Martial Arts Academy, where he holds a sixth degree black belt as well as black belts in four other martial arts.

About seven years ago he had a friend who asked him to accompany him to Hampton, Virginia to take a close look at XOOMA Worldwide. After hearing people like Ron Howell, Ken Marsh, Zack Howell, and Erick Stinger, he said, "I realized I may be a Doctor but knew I had more to learn about water, ph, and the power of healing!" Xooma's mission was so appealing that he decided to join the team and is very happy he did. Xooma's many multifaceted products have been a part of his and his patient's daily life ever since.



Note: The statements in this publication have not been evaluated by the Food and Drug Administration and are not intended to replace the services of a qualified health professional, nor are they intended to prevent, cure or treat any illness or disease.