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The PULSE!

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Healthy Aging Starts at the Cellular Level

August is National Wellness Month — a reminder that true health isn't about quick fixes or fad diets. It's about building daily habits that help your body perform at its best for years to come.

As we age, our bodies naturally experience more oxidative stress, slower cellular repair, and increased inflammation. While aging is inevitable, how we age is greatly influenced by the choices we make every day.



Simple habits like drinking plenty of water, exercising regularly, getting quality sleep, and eating nutritious foods can make a tremendous difference. But because today's food supply often falls short of providing optimal nutrition, many people benefit from targeted nutritional support.

That's where **LifeSource** and **X2O** can make a real difference.



LifeSource provides a comprehensive blend of vitamins, minerals, antioxidants, and methylated nutrients designed to help fill nutritional gaps and support healthy cellular function. It's a powerhouse of foundational nutritional support for **just \$1.58 per day** at your discounted Member price.



X2O complements that foundation by improving hydration at the cellular level while supplying 70 naturally occurring trace minerals and electrolytes your body needs to function efficiently. And don't forget that X2O also provides a health boost of alkalinity to fight inflammation while also providing the benefits of *hydrogen-rich water*. **All this for less than \$1 per sachet!**

Together, these products help support energy production, healthy aging, immune function, bone health, cardiovascular wellness, and overall vitality.

Healthy aging doesn't happen by accident—it happens by consistently giving your body the tools it needs to repair, protect, and thrive. Invest in your health today so you can enjoy life for years to come. Stay biologically younger by making sure these foundational supplements are part of **YOUR daily health regimen!**

*The statements in this publication have not been evaluated by the Food and Drug Administration, and are not intended to diagnose, treat, cure or prevent any disease.



Your Second Brain May Be Controlling More Than You Think

Scientists continue to discover just how connected the gut and brain really are. In fact, your digestive tract contains hundreds of millions of nerve cells and produces many of the same neurotransmitters that influence mood, focus, and emotional well-being.

When your gut microbiome is healthy and balanced, you can experience:



Better Digestion



Stronger Immunity



Improved Energy



Better Mental Clarity



More Balanced Mood

Unfortunately, stress, ultra-processed foods, antibiotics, and environmental toxins can disrupt that delicate balance. That's why supporting your microbiome has become one of today's fastest growing health trends.

Xiom365

Xiom365 delivers powerful prebiotic nutrition that feeds beneficial bacteria while helping support digestive comfort, immune function, and overall wellness.



Probiotix

Pairing Xiom365 with Probiotix provides both the beneficial bacteria and the nourishment they need to flourish—creating a powerful combination for long-term gut health.



A healthier gut doesn't just help you digest food better—it helps support your entire body. This is especially important when we are eating low quality foods or drinking unhealthy beverages.

Think of Xiom365 and Probiotix as the **dynamic duo defenders** of your gut health...especially during those times when you're not making healthy food choices.



THE 2 THINGS ALMOST EVERYONE IS LOOKING FOR...

Every day, people around you are looking for two things:

BETTER HEALTH



MORE FINANCIAL SECURITY



The beauty of Xooma is that you can help them find both.

- ✓ **Think about your friends, family members, coworkers, neighbors, or people you see at church, the gym, or your favorite coffee shop.**

Many are looking for more energy, better weight management, healthier digestion, improved focus, or natural ways to support their overall wellness.

- ✓ **Others are searching for additional income** to help offset rising grocery bills, travel expenses, school costs, or simply build a little more financial breathing room.

When you introduce someone to Xooma, you're not simply recommending great wellness products—you may also be introducing them to **an opportunity that can reward them** month after month..

Through **Xooma's Prosperity Plan and Referral Rewards**, it's surprisingly simple to begin earning income by helping others discover products they genuinely enjoy using.

The best part? You're sharing something that can improve lives. Health is a gift and financial freedom is a blessing. With Xooma, you have the opportunity to help people experience both—and you'll be rewarded (*financially and emotionally*) every time you do.

SCAN QR CODE
to view interactive PDF
of Xooma's Prosperity
Plan



BACK TO SCHOOL ...Without the Energy Crash!

Back-to-school season is here! If you're a student heading into high school, college, or a new semester of lifelong learning, one thing is certain—your brain will be working overtime. And if you're the parent or grandparent of a student heading back to school...this article is just as important for YOU too.

Long classes, homework, exams, sports, jobs, and busy schedules can leave students feeling mentally drained before the day is over.



Unfortunately, many young people turn to sugary energy drinks, energy shots, or oversized coffee beverages for a quick boost. *Some even explore pharmaceutical options with concerning side effects.* While these products may provide temporary stimulation, they often lead to jitters, energy crashes, dehydration, and difficulty concentrating later in the day. Fortunately, there's a better way.

FocusUP™ was developed to help support healthy energy, concentration, memory, mental clarity, and a balanced mood—all without the heavy sugar loads found in many popular energy drinks.

Whether you're preparing for a big exam, sitting through a long lecture, or simply trying to stay productive throughout the day, FocusUP provides targeted nutritional support to help keep your mind sharp and your body energized.

Tens of thousands of people have already discovered that better focus doesn't have to come in a can or a giant cup of coffee. This school year, fuel your brain with nutrition—not just stimulation. Make **FocusUP** part of your daily routine and discover why it's quickly becoming the smarter choice for students, busy professionals, and anyone who wants to perform at their best. And at **just \$1.97 per serving** for capsules (or just \$2.46 per drink), FocusUP actually costs LESS than most of those unhealthy options found in today's marketplace.

AUGUST SAVINGS!

Take Your Gut Health Anywhere and SAVE 50%!



Whether you're traveling, heading back to school, going to work, or simply enjoying life on the go, **Xiome365 Individual Serving Packs** make it easier than ever to support your gut health wherever life takes you.

Each convenient packet delivers the same great-tasting prebiotic formula that helps nourish your microbiome, support healthy digestion, strengthen your immune system, and promote overall wellness — without measuring or carrying a full jar. They're also the perfect way to introduce Xiome365 to family and friends. Just hand them a packet and let them experience the difference for themselves!

Stock up for travel, keep a few packets in your purse, backpack, gym bag, or desk drawer, and don't forget to grab extra packs to share.

Just \$1.99 per serving—our LOWEST price ever!

Regular Member Price: \$27.95
NOW ONLY \$13.95!
(Limit 3 packs per Member)

Order **Item #5015**
to claim your 50% savings.