



**Give your Water
MORE than
Great Taste**

NO artificial
sweeteners, flavors,
colors or preservatives

Phytonutrient Blend =
1.5 servings of whole
food derived fruits &
vegetables in each stick

Immune System
Support Blend

Mushroom Superfood
Blend

Only 5 guilt-free
calories per serving

Originally created as a pure and healthy way to make plain water taste great, Blast has been one of Xooma's top selling products for over a decade.

This much-loved flavored drink mix comes in three popular flavors: **Strawberry/Dragon Fruit Lemonade**, **GrapeXcape**, and **Limeonade**.

Formulated for both children and adults, this is a beverage the whole family can enjoy. Each stick provides 16-18 ounces of water with strong, robust flavor. For a 'lighter' flavor, simply use half a stick of powder and get twice as many beverages from each stick of Blast.

Xooma Blast is perfect for children and teens

Instead of those sugary beverages that are full of artificial colorings and flavorings, parents can feel good about giving their children a beverage that is 100% natural! Xooma Blast has all the taste kids crave with none of the worry or guilt for parents.

Quick Overview

15 STICK PACKS

15 (3.5G) SINGLE POWDER PACKETS • NET WT 52.5G

Nutrition Facts

Servings Per Container: 15

Serving Size: 1 stick 3.5 g

Amount Per Serving

Calories		5
		% Daily Value*
Total Fat	0 g	0%
Sodium	0 mg	0%
Total Carbohydrate	1 g	<1%
Dietary Fiber	0 g	0%
Sugars	0 g	†
Added Sugars	0 g	†
Protein	0 g	0%
Vitamin A	136 mcg	15%
Vitamin C	99 mg	110%
Vitamin D	20 mcg (800 IU)	100%
Vitamin E	2 mg	15%
Vitamin K	18 mcg	15%
Thiamin	.2 mg	15%
Riboflavin	.2 mg	15%
Niacin	2 mg	15%
Vitamin B6	.3 mg	15%
Folate	60 mcg DFE	15%
Biotin	5 mcg	15%
Pantothenic Acid	1 mg	15%
Zinc	9 mg	82%

* % Daily Value (DV) based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Ingredients: Natural Flavors, Tartaric Acid, Beet Juice Powder, Citric Acid, Stevia Extract, Erythritol, Ascorbic Acid, Organic Mushroom Hericium Erinaceus (Lion's Mane), Reishi Mushroom Extract (Ganoderma Lucidum), Phytonutrient Blend (Spinach, Broccoli, Carrot, Sweet Potato, Orange, Apple, Strawberry, Sun Flower Seed, Shiitake Mushroom, Maitake Mushroom.), Zinc Citrate, Vitamin D3 Cholecalciferol.

**Increased intake of
sugar-sweetened drinks
results in greater weight
gain and greater risk of
obesity in children and
adults.** - Harvard School of Public
Health / American Journal of Clinical
Nutrition

Mushroom Superfood Blend Benefits:

Have been shown to improve cognition and memory, increase concentration, and alleviate anxiety.

Lion's Mane mushrooms



Taken to lower LDL cholesterol, aid in preventing plaque buildup, and maintain healthy blood pressure and circulation.

Shiitake mushrooms



Boost the immune system, help with overcoming fatigue and depression, support heart health and blood sugar control.

Reishi mushrooms



Help balance blood sugar, lower cholesterol levels, lower blood pressure, and boost immune function.

Maitake mushrooms



Order Blast online at www.xooma.com/

Item# 6537 Strawberry/Dragon Fruit Lemonade(15 drink sticks)

Item# 6538 GrapeXcape (15 drink sticks)

Item# 6541 Limeonade (15 drink sticks)

Retail price: \$36.95 per pouch

Member price: \$28.95 per pouch

For assistance, contact

Member Services at

1-888-865-6687



There are many fun ways to enjoy this delicious product.

◆ **Blast slushie:** Grab a blender, add 12-18 ounces of water, ice and a packet of Blast. Blend until ice reaches slushie consistency and enjoy.

◆ **Blast cubes:** Plain ice cubes are boring. Why not mix up a bottle of Blast with some purified water, pour the liquid into an ice tray, place into the freezer and enjoy a small 'blast' of flavor in your next bottle of X2O.

◆ **Blast popsicles:** Purchase a popsicle mold. Mix in Blast with your desired amount of water based on the flavor strength you want and pour into molds. Freeze overnight and enjoy the best tasting, healthiest popsicles you've ever had.

◆ **Blast 'Jello':** Instead of the typical gelatin dessert filled with sugar, artificial flavors & colors, you can use Blast to create a delicious, healthy, guilt-free gelatin treat. Simply pick up some plain, unflavored gelatin from your favorite store. Determine how much gelatin you plan to make, add the appropriate amount of water, and then add Blast packets into the water based on your desired flavor strength.

◆ **Blast enhanced smoothies:** If you're a fan of making fruit smoothies, protein smoothies or health drink concoctions, you can add a new flavor twist (and great additional health benefits) by simply pouring in a portion (or all) of the powder in a Blast stick into your blender.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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