

At The PULSE!

Xooma Worldwide
February 2016

There's still time to join Xooma's 2016 Get Fit Weight Loss Challenge!



December 15, 2015 kicked off a new Weight Loss Challenge for you, our Members, friends – well, really anyone.

And to help YOU succeed, this Challenge was created with a 'rolling start date'! That means **you can begin this Challenge on or before Sunday, January 31st, 2016.**

Get started TODAY! Get FIT and get REAL results with Xooma's MetaboWize™ System – a system that has a 10-year proven track record of helping people look and feel great.

How to get started

Step 1. Order your MetaboWize product package. Get all the details on www.xooma.com/monthlyincentive

Step 2. Send us an email with your information and photo. When you are ready to begin the Challenge, you'll register by emailing us at: getfit@xooma.com and include **2016 Get Fit Weight Loss Challenge** in your subject line. You'll then need to email four things: 1) your name, 2) your Xooma ID number, 3) your home address, and 4) 'before' photos of yourself (holding that day's newspaper). We recommend you take at least two pictures, a close-up and a full-length photo of yourself. Side profile and back side photos are also encouraged.

Step 3. Get started. Kick-off your Weight Loss Challenge anytime on or before Sunday, January 31st, 2016. Your 90 days begin the date you email your information and pictures to Xooma. *Remember...*the last day to submit your email and entry photos is **Sunday, January 31st**. So get committed to getting rid of those excess holiday pounds, and Xooma will support you every step of the way!

Here are your steps for weight loss success:

- Get started with one of Xooma's **MetaboWize System packs**. MetaboWize is designed to help you release unwanted pounds, cleanse your body, increase energy, gain lean muscle mass, and look and feel your absolute best! **(Continued on page 2)**



'NEW YEAR NEW YOU' event happening January 15-16, 2016

Xooma is offering you an opportunity to kick off the New Year right, with the **New Year - New You** event at Xooma's Global Headquarters in Hampton, Virginia.



January....it's the one time of year when people not only evaluate where they've been, but where they are going. Given how often people tend to break New Year's Resolutions though, staying committed to your goals and following a proven action plan is what will help you create real and lasting success in 2016.

That's what this January event is all about. We are coming together to help you and your teams launch a new year of success through a rededication to your health and wealth goals!

So join us for this very special event and make 2016 your most prosperous year ever! Hurry...get your tickets before they are sold out. **Order Item #1508** for just \$69.95 (*\$30 savings over retail value of \$99.95*).

It's 'chocolate season'!



Stock up on Chocolate FIX™...or give the gift of love this season to those you care about...and enjoy a healthy cup of hot chocolate on those blistery cold winter days!

A healthy treat, Chocolate FIX contains a high quality tri-cocoa blend which is rich in polyphenols (antioxidant compounds). It also includes one of nature's best 'superfoods', coconut oil, along with a high quality fruit and vegetable blend. Enjoy all its goodness for just 50 calories per serving with NO artificial sweeteners, flavors, colors or preservatives!

Place your order today for a chocolate treat that the entire family can feel good about!

Order Item #8500 in your back office, or you can place your order with one of our friendly Member Services representatives by calling 1-888-865-6687.

And be sure to check out the unique treats you can create in the **FREE Chocolate FIX Recipe Book** in the back office of your Xooma website!





Do you BELIEVE?

It's a brand new year. It's the time for New Year's Resolutions and goal-setting.

It's also the time of year to 'believe' - believing in yourself. Believing that you really can look and feel great this year. Believing that you can become financially 'free'. It's believing that you can succeed at whatever you set your mind to and focus your energies on.

It's been said that intelligence represents 10% of your success while attitude is worth 90%. What's YOUR attitude? Do you have a 'believing' attitude?

To achieve anything, you must first believe that you have the potential. And it's knowing and believing that your success is not relegated to circumstances outside yourself.

It all begins with YOU.

So what are three things you can do to help actualize your goals?

1. Define your goals

- Success doesn't usually happen 'by accident'. That means clearly defining what you choose to create and achieve is paramount.
- Zig Ziglar shared a great analogy with archery. If you blindfolded Olympic champion archers, they wouldn't know where to shoot their arrow. Which means even an expert can't hit his target unless he knows where to aim.

2. Put your goals in writing

- Did you know... that you can have anywhere between 50,000 and 70,000 thoughts a day? Is it any wonder why writing down your goals helps you actualize them.
- When you put your goals in writing, they become clear, focused and targeted.

3. Take action

- Big goals break down into smaller, more manageable goals, from monthly to weekly to daily. That makes taking action easier!
- Remember, there is no substitute for taking action.

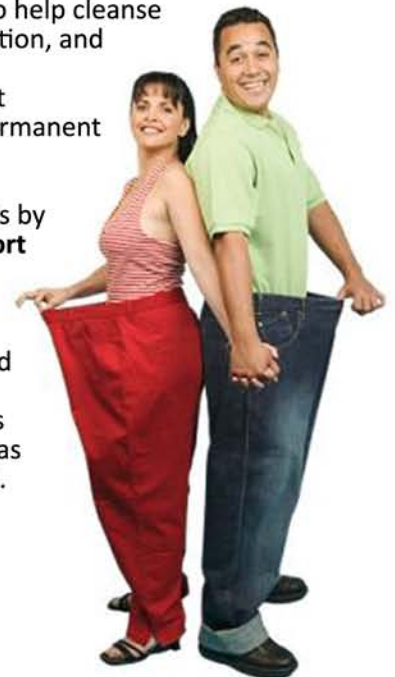
Now, the most important part is to BELIEVE...and know you can make 2016 a fantastic and successful year!

2016 Get Fit Weight Loss Challenge (Continued from page 1)

- Drink plenty of **X2O water** to help cleanse your system, get proper hydration, and lose those unwanted pounds. Remember, X2O is your 'secret weapon' in the war against permanent weight loss!

- Stay committed to your goals by joining the **Weekly LIVE support calls** held every Sunday evening at 8:00pm ET.

- Be one of the top 'losers' and you'll receive one of our **Cash Prizes** awarded when Xooma's 2016 Weight Loss Challenge has concluded (after May 1, 2016).



Congratulations to our 12 Days of Xooma Christmas winners!



The 12 Days of Xooma Christmas was a special promotion to reward Members like you for sharing Xooma over the holidays.

We featured 12 daily winners...and the final winner of the promotion for December 31st will be announced in early January.

Congratulations to our winners:

December 14, Curtis Benn, TN
 December 15, Kenneth Davis, NC
 December 16, Brenda Futral, KY
 December 17, Webb Family Enterprises, OK
 December 18, Kim Garberg, MT
 December 19, Varrie Hamilton, TN
 December 20, Lynnise Gandy, TN
 December 21, David Cherry, FL
 December 22, Linda Rogers Brown, NC
 December 23, Adam Mullins, TN
 December 24, Sarah McCutcheon, AR
 December 25, Kelli DuVall, AR

Being a part of Xooma's Family offers all kinds of ways for you to succeed! So, watch for more upcoming promotions in 2016 and claim your share of prizes and rewards.

