

## Intestinal Health Protocols (incorporating Bio-Active Silver Hydrosol)

### Gut Dysbiosis: Candida, Irritable Bowel Syndrome, Leaky Gut, Crohn's Disease, Colitis, and Diverticulitis.

1. In a glass, mix 2 tablespoons (1oz) bio-active silver hydrosol with 2 tablespoons (1oz) pure Aloe Vera Juice - swallow straight into an empty stomach 30-60 minutes before breakfast, one hour before lunch and one hour before dinner.
2. While employing this protocol, take a high-quality probiotic every night before going to bed. When mixing a pure bio-active silver hydrosol with Aloe Vera juice, and swallowing straight to an empty stomach, there will be some impact to the good flora as this mixture attacks harmful flora. The body is all about balance.
3. In order to avoid the chance of a commonly-known die-off reaction, also called a Jarisch-Herxheimer event (or a "Herx" reaction), as a result of the interaction of the bio-active silver hydrosol with anything pathogenic, take a 100mcg or 200mcg capsule of a high-quality selenium supplement 3 times per week, or, should you need, one capsule, every day, and/or 400 to 800 IU of natural Vitamin E once a week. This is intended only to restore nutrients to their normal levels, which interact with silver in trace amounts.

\*\*This program can run from 2 weeks to 8 weeks. At the rate above, three 16oz bottles of bio-active silver hydrosol will be required every 2 weeks.

**Note:** A lighter (120lbs or less) person should mix 1 tablespoon of bio-active silver hydrosol, with 1 tablespoon of Aloe Vera juice - also taken 3 times daily. The rest of the protocol is followed as detailed above.

## Food Poisoning

1. Swallow 1-2 tablespoons of bio-active silver hydrosol every 15 minutes, straight to the stomach. After the first hour, reduce the 1-2 tablespoon dosing to once every 30 minutes. The pain and discomfort, bloating, nausea, vomiting, and unease should immediately begin to decrease. The stomach / small intestine issues related to bacterial-based food poisoning should resolve in less than 4 hours.
2. Be aware that, in certain situations, the quantity of bacteria present is so high during food poisoning that their sudden mass-death from exposure to the bio-active silver hydrosol can initiate a rapid release of bacterial toxins, which, in turn, can stimulate a vomit reaction. If this occurs, it is a good scenario, even though vomiting is unpleasant. Simply take another dose of the bio-active silver hydrosol as soon as you are able. The bacterial toxin reaction can only happen once - and is evidence of the bio-active silver hydrosol working effectively.