



Have you shared YOUR story yet? We continue to hear testimonials from our Xooma Members around the world, and we wanted to share some of them with you.

You may be aware of only a couple - or several - of the more than 30 cutting-edge wellness products in Xooma's line. Xooma's premier product, X2O, remains our #1 seller and the one that we hear the most about.

Why X2O?

It's a foundational product for overall health and works synergistically with Xooma's other products to promote even greater results in people's lives.

In this edition of Xooma's 'HealthBeat', we are sharing more stories of REAL results from REAL people. We think they'll inspire and uplift you like they did for us.

So, if you haven't told us YOUR story yet about how Xooma's products have positively impacted you and your family's health, what are you waiting for?

Believe it or not, your story has the power to make a positive impact in countless other people's lives around the world. In fact, your story gives people one of the things they need and want most - HOPE.

*Will you take a few minutes today to help us create some hope in other people's lives?*

Post your testimony on [www.mystory.xoomaworldwide.com](http://www.mystory.xoomaworldwide.com) or email your testimony to: [testimony@xooma.com](mailto:testimony@xooma.com). With your help, Xooma can continue to fulfill its mission to 'Change the Health of a Generation.'

## — Testimonials —

### **Inflammation (KardiaXyme), Joints (Joint Health), Hydration (X2O) and more...**

When I received JOINT HEALTH, my thought was "that this would be great to give to one of my elderly customers." As I read more about it, I learned that it was designed to help tendons, ligaments, cartilage and muscles. I decided one morning in mid-December that I would try it for my sciatic nerve pain which had flared up due to the business and stress of the Christmas season.



My pain has been kept under control with X2O and other Xooma products. However, to my surprise when I added Joint Health, within three days my pain settled dramatically, giving me added relief. Anyone who has sciatic nerve problems will know what I mean!

These pure products with no fillers have made such a difference in my life for the last three years. I had been searching for answers, for relief and for help and all of your products have been my answer for all my health issues!

*Barbara (USA)*

Hi! When I first looked at X2O and the Xooma Products I wondered, "Really? What is this going to do for my health?" Having tried many natural supplements over the years and not having any results, I was wowed by the results from Xooma products.

I've never had results like I have with these supplements. FocusUP is my favorite product! I feel much more energy. I am brighter, more alert, and can stay on task.

I own and manage my own catering business. These days I can manage multiple jobs and attend to every detail. And every day I have X2O in my H2O.

Over the years my Asthma was in control of my life, not me. By using KardiaXyme and SilverMAX, I am down to one medication and have not had bronchitis for over a year. Being on these products has changed my outlook on life. These products have brought me a new level of awareness and more energy to enjoy life!



*Casey J., Ohio, USA*



My name is Corinthea and I am currently a Minister of a church in my town. The past few years have been very challenging for me physically.

I literally pushed my body to the limit when I was younger. I ran long distance Track in college and continued running during my 22 years in the Marine Corp. Because of the heavy running for so many years, and the strenuous activity I was subjected to in the Marine Corp, I injured my knee, my shoulder and my neck. I also developed an enlarged heart which was a major challenge for me.

For years I suffered with severe pain from these injuries and I had to have surgery on my neck, shoulders and my knee. As a result, I had to be on 27 medications for various issues surrounding the injuries and all the surgeries. On top of that, every three months I had to take shots in my neck, both shoulders and my left knee.

It was a long 2-year rehabilitation and slow recovery which resulted in me having to retire early. And I still had issues with pain and with my enlarged heart.

Every morning before I could get out of bed, I had to adjust myself and pray because I woke up to a severe pain over the left side of my heart. I never knew whether I was going to live that day or not when I first woke up.

So, needless to say, I had been praying for God to bless me with something that would take the pain away.

One day, I received a call from a dear friend, Jackie, saying that she wanted me to look at a business she had just found and she believed that I could benefit financially. When she told me about the products, I immediately thought of myself and how the products could help.

I decided to sign up. During my signing up, Diane was on the phone and she asked me to share any issues I was having so she could make suggestions for the bonus product to purchase. After listening to the issues I was having, she suggested that I add the KardiaXyme to my cart. I did. Diane felt that my situation was critical so she asked Jackie to bring me the product that same day and she did.

I started using X20 and KardiaXyme right away. The first 3 days I did not feel any different. But on the fourth day when I got up, I did not think about the ritual I had become used to. When I suddenly realized what had happened, I was up and walking around with NO PAIN over my heart. I have now been pain FREE ever since.

I continue taking the KardiaXyme and the X20 - and now I have stopped taking 24 of the 27 medications I was on. My doctor said that I did not need to take them anymore.

Also, earlier this year, my exam showed that my heart is shrinking to its normal size.

I am so thankful for Xooma's products and for the difference they have made in the quality of life I am able to now live. Being pain-free has allowed me to enjoy my grandchildren, my wife and family activities. With no pain in my body, this is truly an answer to my prayer.

I am sharing the products and the income opportunity with everyone I know!



*Corinthea S., South Carolina, USA*

## Adding “Assimilator” into the mix

I can tell the difference when I take Assimilator with my meals. One time in particular I really regretted not taking it. I had eaten some spicy sausage with my breakfast. It was on Sunday, which is the only day of the week I allow myself to eat whatever I want! I really enjoyed it but wow...that hot sausage sat on my chest like a guerilla! It was right there and man, could I taste it. So I took 2 Assimilators, and 15 minutes later, I felt great!

*Bruce W., Louisiana, USA*



I have found that using the Assimilator has had a great positive influence on my digestion. Amazing! And Joint Health is part of my daily regimen, along with X2O. All in all, I'm so grateful every day at how much better I'm feeling and regaining mobility and strength, thanks to the products available through Xooma.

Usually at this time of year as the temperatures begin to fall, I experience increased discomfort and pain. It makes me want to curl up and not come out till spring! Last night, as I walked into the grocery store, it was cold and nippy, and I still felt great! A light bulb of realization went in my head, I'm sure. It struck me, what a difference these products have made in the quality of my life.

I am totally off Aleve and blood pressure medications. Now I only use X2O, Assimilator and Joint Health. Next I will be trying the Silver MAX to get through the cold and flu season, and am sure it will be a great benefit.

*Patty G., Illinois, USA*

## Slimming down and shaping up (MetaboWize), balancing blood sugar (Believe in Better pack), and X2O...

November 2nd was a life-changing day for me after a road trip to Xooma Worldwide. A friend of mine had prompted me to come along. Well, I immediately began using X2O, and other products followed.

It all began earlier that year when I was diagnosed with Type 2 Diabetes. I discovered I was one of 1.9 million new cases diagnosed in the U.S. (Only three years later, the total number of adults and children with diabetes has grown to 25.8 million - with a whopping 79 million now believed to be pre-diabetic.)

Although I went to the doctor feeling fine, I walked out with a handful of drug prescriptions. I knew I didn't want to fill any of them. So I started where most people begin, using the suggested “diet and exercise” regimen. While there was some success, it was mild, at best. Until that day in November when I walked into Xooma.

# Believe in Better

Unlike many people, I was already familiar with healthy pH levels... except for me, it had to do with swimming pool pH levels! I was used to carefully explaining to my clients that if they maintained a pH of 7.2 that no algae would grow in their pool. Once I discovered Xooma, I learned the ideal human body pH level is 7.365... which makes it very difficult to “grow” disease and illness.



Not knowing a lot of specifics, I trusted the recommendation of my sponsor, Anthony, and ordered the **Believe in Better** package from Xooma. After using the Xooma products in this package for a few months, my doctor could no

longer detect any signs of diabetes in my body on a follow-up visit. She said I was a “diabetic without diabetes.”

Today I still take the products in the Believe in Better pack, along with 4 or 5 bottles of X2O water a day. I’ve also added MetaboWize AM and PM Formula and I’ve lost 34 pounds and 5 inches!

“We have a huge diabetes problem in the world today and that’s my passion, to help as many people as I can stay healthy and avoid all those prescriptions. And I believe my personal testimony will help others get healthy like me.”

Thank you Xooma!

*Darrell B., Tennessee, USA*



In December 2009, I was diagnosed with a herniated disc in my L4-L5 and have had constant pain in my lower back. Also I have been suffering with Acid Reflux for over 25 years, taking Nexium daily. My weight was getting out of control and I weighed 221 lbs, suffering with arthritis and knee pain, sleepless nights and taking Crestor for high Cholesterol. I knew I had to do something to get my health back on track.

I joined Xooma the end of June and have been taking the X20 and FocusUP products since my first order in July. In October, I went for my physical, and my doctor was impressed. My weight in October was down 26 lbs; my Acid Reflux was gone, which meant no more Nexium; my arthritis and joint pain were gone; and my medication for my Cholesterol went from 20 mg down to 10 mg. But my B12 was low and she told me to get B12 supplements.

In November I added the MetaboWize AM Formula and MetaboWize PM Formula as a daily supplement, because the AM Formula contained the B12 that I needed.

As of June this year, I am down 45 lbs, now weighing 176 lbs. I feel amazing for a woman who just turned 55! Xooma's FocusUP has been amazing, helping me with focus and concentration as I finished my Business Course at college. And my health is the best it's been.

I genuinely can't believe the difference in my face. I look like a different woman. I have less wrinkles. My skin is almost as fresh and new as it was when I was a teenager. The transformation is nothing short of remarkable. I am leaner, lighter, fitter, healthier - and nobody can deny the astonishing change in my appearance.

I have changed nothing else in my daily routine, apart from my water intake with X2O and the AM and PM Formula, and no more soda pop. Today, I am sharing and helping others to regain their health, feel good about themselves and be happy!!

I will never stop drinking my X2O and FocusUP! Thanks to Xooma I finally feel great, look great, and I'm finally living the life I was meant to live!!

*Vonetta L., Ontario, Canada*

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**Visit [mystory.xoomaworldwide.com](http://mystory.xoomaworldwide.com) and help inspire others around the world!**