



# EQUALAH

Balance • Energize • Thrive

Doctor formulated and powered by **clinically researched natural ingredients**, EQUALAH blends a comprehensive mix of **vitamins, minerals, and antioxidants** that work together to support balanced glucose levels, insulin sensitivity, and steady energy throughout the day.

EQUALAH also combines a **patent-pending curcumin nanotechnology** with a synergistic blend of nutrients that further enhance **insulin sensitivity, glucose metabolism, and long-term metabolic health**.

## In clinical studies:

- ✓ **81.8%** of participants saw their fasting glucose return to healthy levels
- ✓ **90.9%** improved their HbA1c
- ✓ **69.6%** achieved normal blood sugar even when standard approaches had plateaued

The result?

- ✓ Steady, balanced energy
- ✓ Improved focus and mood
- ✓ Healthier weight and overall vitality

## Quick Overview

### Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% DV		Amount Per Serving	% DV
Vitamin A (as Retinyl acetate)	900 mcg	100%	Iodine (as Potassium iodide)	150 mcg	100%
Vitamin C (as L-Ascorbic acid)	90 mcg	100%	Magnesium (as Magnesium carbonate)	30 mg	7%
Vitamin D3 (as Cholecalciferol)	15 mcg	75%	Zinc (as Zinc citrate dihydrate)	11 mg	100%
Vitamin K	55 mcg	46%	Copper (as Cupric citrate)	900 mcg	100%
K1 (as Phylloquinone)	16 mcg		Manganese (as Manganese sulfate)	2 mg	87%
K2 (as Menaquinone)	39 mcg		Chromium (as Chromium chloride hexahydrate)	50 mcg	143%
Thiamin (as Thiamine HCl)	2.3 mg	192%	Molybdenum (as Sodium molybdate dihydrate)	45 mcg	100%
Riboflavin (Vitamin B2)	2.5 mg	192%	β-cyclodextrin Curcumin	500 mg	††
Niacin (Vitamin B3)	16 mg	100%	<b>Proprietary Blend</b>		
Vitamin B6 (as Pyridoxal-5'-Phosphate)	2.5 mg	147%	Lutein	10 mg	††
Folate (Vitamin B9) (as L-Methylfolate)	300 mcg	75%	Lycopene	10 mg	††
Vitamin B12 (as Hydroxycobalamin)	2.5 mcg	104%	d-Tocotrienol	10 mg	††
Biotin (as D-Biotin)	40 mcg	133%	Inositol (as Myo-Inositol)	5 mg	††
Pantothenic Acid (as Sodium D-Pantothenate)	5 mg	100%	Zeaxanthin	2 mg	††
Choline (as Choline chloride)	5 mg	1	Boron (as Boron proteinate)	1 mg	††
Iron (as Ferrous gluconate)	8 mg	44%			

††Daily Value not established

Other Ingredients: Vegan capsules

## KEY BENEFITS



**Supports Healthy Blood Sugar Levels –**  
Helps maintain normal blood glucose and A1c within a healthy range\*.



**Boosts Energy & Metabolism –**  
Promotes healthy carbohydrate metabolism for steadier energy throughout the day\*. You may notice less fatigue and more vitality within hours of your first dose, as your cells utilize sugar more efficiently\*.



**Supports Healthy Aging –** Provides targeted antioxidants and healthy inflammatory response support nutraceuticals that support visual, cardiovascular, nervous, and musculoskeletal system health.



- ✚ According to the Centers for Disease Control and Prevention (CDC), 38.4 million adults in the U.S. have diabetes and another estimated 8.7 million people have diabetes but are undiagnosed.
- ✚ As of 2024, approximately 1 in 3 American adults has insulin resistance, including an estimated 40% of young adults aged 18 to 44.
- ✚ Recent studies now link insulin resistance to 31 different diseases including cardiovascular disease, high blood pressure, high blood sugar, excess body fat around the waist, unhealthy cholesterol levels, and metabolic dysfunction-associated steatotic liver disease (MASLD).

## Directions & Usage



### Suggested Use:

Adults take 1 capsule in the morning and 1 in the afternoon, ideally before or at the start of breakfast and dinner.

For those with elevated health concerns, dosage can be increased to 2 capsules in the morning and 2 in the afternoon if needed for additional support.

## Take Back Control with Comprehensive Supplementation and Advanced Metabolism Support

- **Doctor-Formulated & Clinically Backed** – Equalah is the culmination of 12 years of groundbreaking evidenced-based nutraceutical research by a team of MD and Ph.D.-level experts, to identify this synergistic combination of clinically researched ingredients.
- **Comprehensive Supplementation** - Contains 15 vitamins and minerals that function as metabolic precursors, cofactors, and regulators. Addressing deficiencies in these essential nutrients through daily supplementation is the most natural way to support healthy blood glucose levels in the normal range.
- **Comprehensive Metabolic Support** - Contains a proprietary combination of clinically researched nutraceuticals that work synergistically to support healthy insulin sensitivity, a healthy inflammatory response, and healthy weight management.



Order Equalah Online at [www.xooma.com/](http://www.xooma.com/)

**Item# 5201** Box of 60 capsules

Retail price: \$79.95 **Member price: \$49.99**

**For assistance, contact Member Services at**  
**1-888-865-6687**

**XOOMA™**  
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